

INFANT JESUS CONVENT SCHOOL
ANNUAL PLAN
DANCE
CLASS: 10Th

MONTH/NO OF DAYS	TOPIC: SUB TOPIC	OBJECTIVES	AIDS/ACTIVITIES	MULTIPLE INTELLIGENCE SKILLS	LEARNING OUTCOME
<p style="text-align: center;">APRIL No Of Days:18</p>	<ul style="list-style-type: none"> *Dance *Foot Movement *Nrita, Nritya and Natya 	<p style="text-align: center;">Students will be able to understand:</p> <ul style="list-style-type: none"> *Different types of Adavu *Foot movements *Hand gestures *Dance with proper formation 	<p style="text-align: center;">KNOWLEDGE List the flat foot and heel foot steps</p> <p style="text-align: center;">SKILL</p> <ul style="list-style-type: none"> *Dancing skill *Confidence *Performance <p style="text-align: center;">APPLICATION</p> <ul style="list-style-type: none"> *Analysis the root of the dance *Practice of the Dance moves <p style="text-align: center;">UNDERSTANDING</p> <ul style="list-style-type: none"> *Compare *Differentiate *Contrast 	<ul style="list-style-type: none"> *Physical experience *Social experience 	<p style="text-align: center;">Students will be able to:</p> <ul style="list-style-type: none"> *Expresstheir emotions *Count the beats of each and everystep
<p style="text-align: center;">MAY No Of Days:18</p>	<ul style="list-style-type: none"> *Folk dance *Namaskaram of 	<p style="text-align: center;">Students will be able to understand:</p>	<p style="text-align: center;">KNOWLEDGE</p> <ul style="list-style-type: none"> *Memorize the steps 	<ul style="list-style-type: none"> *Social experience *Physical 	<p style="text-align: center;">Students will be able to:</p>

	classical dance *Hand gestures and their uses	*Speed of the dance *Meaning of the dance *Expression according to the lyrics	*Identify the category of the dance SKILLS *Dancing skills *Adaptability *Confidence APPLICATION *Demonstrate *Practice the steps UNDERSTANDING *Experiment *Contrast	experience *Linguistic	perform with expression and rhythm
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CONDUCTION OF PT-1 ASSESSMENT

JULY No Of Days:27	*Prayer dance *Heel foot steps *Taal parichay and laya	Students will be able to understand: *The pattern of the dance *How to dance with co-ordination *Uses of single hand gestures	KNOWLEDGE *Identify proper postures and dance moves Memorize dance steps	*Interpersonal *Physical Experience	Students will be able to: *Perform with confidence *Will understand the rhythm
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			<p>SKILLS</p> <ul style="list-style-type: none"> *Dancing skills * Confidence Adaptability <p>APPLICATION</p> <ul style="list-style-type: none"> *Practice the steps of dance *Analysis the root of the dance <p>UNDERSTANDING</p> <ul style="list-style-type: none"> *Experiment *Categorized the steps *Express feelings 		
<p>AUGUST</p> <p>No Of Days:23</p>	<ul style="list-style-type: none"> *Ajavu and Tatkar *Vandemataram *Namo bharat *Walking pattern *Standing postures 	<p>Students will be able to understand:</p> <ul style="list-style-type: none"> *The meaning of the song and give expressions accordingly *How to make formations 	<p>KNOWLEDGE</p> <ul style="list-style-type: none"> *Relate the dance with nation *Identify proper footwork <p>SKILL</p> <ul style="list-style-type: none"> *Creative *Confidence *Adaptability <p>APPLICATION</p> <ul style="list-style-type: none"> *Practice the steps 	<ul style="list-style-type: none"> *Physical Experience *Dancing Experience *Interpersonal *Intelligence 	<p>Students will be able to:</p> <ul style="list-style-type: none"> *Make formations *Identify the hand gestures used in dance

			<ul style="list-style-type: none"> *Analysis the root of the dance <p>UNDERSTANDING</p> <ul style="list-style-type: none"> *Differentiate *Compare 		
<p>SEPTEMBER</p> <p>No Of Days: 05</p>	<ul style="list-style-type: none"> * Introduction of Indian folk dances *North Indian taal system *Dadra Taal 3 speeds 	<p>Students will be able to understand:</p> <ul style="list-style-type: none"> *The difference between each regional dances *Match the steps <ul style="list-style-type: none"> *tempo *rhythm 	<p>KNOWLEDGE</p> <ul style="list-style-type: none"> *Memorize the steps *Identify proper expression and foot work <p>SKILLS</p> <ul style="list-style-type: none"> *Adaptability *Dancing skills <p>APPLICATION</p> <ul style="list-style-type: none"> *Demonstrate *Analysis the root of the dance <p>UNDERSTANDING</p> <ul style="list-style-type: none"> *Contrast *Differentiate 	<ul style="list-style-type: none"> *Intrapersonal *A physical experience 	<p>Students will be able to:</p> <ul style="list-style-type: none"> *Know the beats *Proper hand movements *Formations

			*Compare		

CONDUCTION OF PT-2 ASSESSMENT

<p>OCTOBER No Of Days: 22</p>	<p>*Regional dance *LAMBADI dance of Andhra pradesh</p>	<p>Students will be able to understand: *Importance of classical dance *How to show dadra taal in hand *Three speeds of laya</p>	<p>KNOWLEDGE *Explain Classical Dance *Brief introduction about Natraj the lord of dance</p> <p>SKILL *Adaptability *Confidence</p> <p>APPLICATION Give examples of various famous dancers</p> <p>UNDERSTANDING Importance of Classical dance *Differentiate *Compare</p>	<p>*Interpersonal *Physical *Experience</p>	<p>Students will be able to know about classical dance and their origin *Tatkar</p>
<p>NOVEMBER No Of Days: 17</p>	<p>*Sufi Dance *Biography of</p>	<p>Students will be able to understand:</p>	<p>KNOWLEDGE *Identify proper postures and dance</p>	<p>*Interpersonal *Physical *Experience</p>	<p>Students will be able to: *Express their</p>

	famous dancers and collage making..	<ul style="list-style-type: none"> *The meaning of the song and give expressions accordingly *Make formations 	<p>moves</p> <p>Memorize dance steps</p> <p>SKILLS</p> <ul style="list-style-type: none"> *Dancing skills * Confidence Adaptability <p>APPLICATION</p> <ul style="list-style-type: none"> *Practice the steps of dance *Analysis the root of the dance <p>UNDERSTANDING</p> <ul style="list-style-type: none"> *Experiment *Categorized the steps *Express feelings 		<p>feelings</p> <ul style="list-style-type: none"> *Identify beat pattern, *Dance with full of expression
<p>DECEMBER</p> <p>No Of Days: 17</p>	<ul style="list-style-type: none"> *Devotional dance *Dedasi culture *Dance based on 8 maatra taal 	<p>Students will be able to understand:</p> <ul style="list-style-type: none"> *How to act through dance *How to give expression according to the song 	<p>KNOWLEDGE</p> <ul style="list-style-type: none"> *Relate the dance with God *Memorize the steps *Identify proper expression and foot work 	<ul style="list-style-type: none"> *Intrapersonal *A physical experience 	<p>Students will be able to:</p> <ul style="list-style-type: none"> *Understand how to dance with confidence *Count the taal beats in hand

			<p>SKILLS</p> <ul style="list-style-type: none"> *Adaptability *Dancing skills <p>APPLICATION</p> <ul style="list-style-type: none"> *Demonstrate *Analysis the root of the dance <p>UNDERSTANDING</p> <ul style="list-style-type: none"> *Contrast *Differentiate *Compare 		
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CONDUCTION OF PT-3 ASSESSMENT

<p>JANUARY No Of Days: 21</p>	<ul style="list-style-type: none"> *Taal Kaharwa, Dadra, Tritaal, Aadi taal *Carnatic taal system 	<p>Students will be able to understand:</p> <ul style="list-style-type: none"> *Match the steps *tempo *rhythm 	<p>KNOWLEDGE</p> <ul style="list-style-type: none"> *Memorize the steps *Identify the category of the dance <p>SKILLS</p> <ul style="list-style-type: none"> *Creative *Confidence *Adaptability 	<ul style="list-style-type: none"> *Interpersonal *Social experience *Linguistic 	<p>Students will be able to:</p> <ul style="list-style-type: none"> *Know the beats *Proper hand movements
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			<p>APPLICATION</p> <ul style="list-style-type: none"> *Demonstrate *Contrast <p>UNDERSTANDING</p> <ul style="list-style-type: none"> *Experiment *Confidence *Differentiate 		
<p>FEBRUARY</p> <p>No Of Days: 06</p>	<ul style="list-style-type: none"> *Revision *ChariBheda *Difference between Folk and Classical dances 	<p>Students will be able to understand:</p> <ul style="list-style-type: none"> *Actions with song hand and foot work *Sitting postures *Co-ordination 	<p>KNOWLEDGE</p> <ul style="list-style-type: none"> *Memorize the steps *Identify proper expression and foot work <p>SKILLS</p> <ul style="list-style-type: none"> *Adaptability *Dancing skills <p>APPLICATION</p> <ul style="list-style-type: none"> *Demonstrate *Analysis the root of the dance <p>UNDERSTANDING</p>	<ul style="list-style-type: none"> *Social experience *Interpersonal *Physical experience 	<p>Students will be able to:</p> <ul style="list-style-type: none"> *Know the beats *Proper hand movements

			*Contrast *Differentiate *Compare		
MARCH	FINAL ASSESMENT				